

Scruggs Style Instruction for Five-String Banjo

CD 1 Tracks

1. Lonesome Road Blues
2. Little Darlin Pal' of Mine
3. Fireball Mail
4. Ground Speed
5. Sally Goodin'
6. Foggy Mountain. Breakdown
7. Spoken introduction
8. Lonesome Road Blues-up tempo
9. Lonesome Road Blues-slower
10. Tuning
11. Lonesome Road Blues-instruction
12. Lonesome Road Blues-rhythm slow
13. Lonesome Road Blues-rhythm fast
14. Little Darlin-up tempo
15. Little Darlin-slower
16. Little Darlin-instruction
17. Little Darlin-rhythm slower
18. Little Darlin-rhythm faster
19. Fireball Mail-up tempo
20. Fireball Mail-slower
21. Fireball Mail-instruction
22. Fireball Mail-rhythm slower
23. Fireball Mail-rhythm faster

CD 2 Tracks

1. Ground Speed-up tempo
2. Ground Speed-slower
3. Ground Speed-instruction
4. Ground Speed-rhythm slower
5. Ground Speed-rhythm faster
6. Sally Goodin-up tempo
7. Sally Goodin-slower
8. Sally Goodin-instruction
9. Sally Goodin-rhythm slower .
10. Sally Goodin-rhythm faster
11. Foggy Mtn-up tempo
12. Foggy Mtn-slower
13. Foggy Mtn-instruction
14. Foggy Mtn-rhythm slower
15. Foggy Mtn-rhythm faster